

# Saisonkalender Gemüse und Früchte

Früchte	Jan.	Febr.	März	April	Mai	Juni	Juli	Aug.	Sept.	Okt.	Nov.	Dez.
Ananas	●	●	●	●	●	●	●	●	●	●	●	●
Äpfel (*nur Inland)	●	●	●	●	●	●	●	●	●	●	●	●
Aprikosen*					●	●	●	●	●			
Avocado*	●	●	●	●	●	●	●	●	●	●	●	●
Bananen*	●	●	●	●	●	●	●	●	●	●	●	●
Birnen*	●	●	●	●	●	●	●	●	●	●	●	●
Blondorangen*	●	●	●	●	●	●	●	●	●	●	●	●
Blutorangen*	●	●	●	●								●
Brombeeren*					●	●	●	●	●			
Clementinen*	●	●	●							●	●	●
Erdbeeren*	●	●	●	●	●	●	●	●	●	●	●	●
Feigen frisch								●	●	●		
Grapefruits*	●	●	●	●	●	●	●	●	●	●	●	●
Heidelbeeren*	●	●	●	●	●	●	●	●	●	●	●	●
Himbeeren*		●	●	●	●	●	●	●	●			
Johannisbeeren*							●	●	●	●		
Kaki*	●	●	●		●	●	●	●		●	●	●
Kirschen*					●	●	●	●				
Kiwi	●	●	●	●	●	●	●	●	●	●	●	●
Kiwi Bio Schweiz	●	●	●	●								●
Limetten	●	●	●	●	●	●	●	●	●	●	●	●
Litschis	●	●	●									●
Mango*	●	●	●	●	●	●	●	●	●	●	●	●
Melonen*	●	●	●	●	●	●	●	●	●	●	●	●
Mirabellen								●				
Nektarinen*				●	●	●	●	●	●	●		
Papaya	●	●	●	●	●	●	●	●	●	●	●	●
Pfirsiche*				●	●	●	●	●	●	●		
Pflaumen*	●	●	●	●	●	●	●	●	●	●	●	●
Preiselbeeren											●	●
Quitten										●	●	
Stachelbeeren						●	●	●				
Trauben*	●	●	●	●	●	●	●	●	●	●	●	●
Zitronen*	●	●	●	●	●	●	●	●	●	●	●	●
Zwetschgen*							●	●	●	●		





ProSpecieRara	Jan.	Febr.	März	April	Mai	Juni	Juli	Aug.	Sept.	Okt.	Nov.	Dez.
Äpfel Berner Rosen*									●	●	●	
Äpfel Goldparmäne*									●	●	●	●
Äpfel Sauergraeuech*									●	●	●	●
Äpfel Wilerrot*	●	●										●
Auberginen**							●	●				
Bodenkohlrabi**									●	●	●	●
Hornpeperoni grün**						●	●	●				
Hornpeperoni farbig**								●	●	●		
Kartoffeln blaue St. Galler**	●	●	●	●	●	●		●	●	●	●	●
Kopfsalat Lattughino verde**			●	●	●	●						
Mangold rot**	●			●	●	●			●	●		
Pastinaken**	●	●	●							●	●	●
Radiesli Eiszapfen**			●	●								
Randen Chioggia**	●	●	●							●	●	●
Rüebli Küttiger**	●	●	●					●	●	●	●	●
Rüebli J. longues du Doubs**	●	●	●	●	●				●	●	●	●
Tomaten Baselbieter Röteli**						●	●	●	●	●		
Tomaten Black Cherry**							●	●	●	●		
Tomaten Cœur de Bœuf**						●	●	●	●	●		
Zucchetti div. Sorten**							●	●	●	●		
Zucchetti Rondini div. Sorten**							●	●	●	●		

●	Schweiz
●	Europa und Mittelmeerländer
●	Übersee
●	Übersee oder Europa
■	Nicht im Angebot

\* Auch in Bio erhältlich

\*\* Ausschliesslich Bioqualität



Für mich und dich.